

2026

# CAPRI

Continence After Prostatectomy  
Recovery and Instruction

**UCI Health**

A free monthly workshop focusing on recovery and instruction of continence for scheduled or past prostate cancer surgery (prostatectomy). Hear from experts in pelvic floor physiotherapy, reconstructive urology and integrative oncology.

Virtual via Zoom

April 28, May 26, June 23,

2026 Tuesday dates

July 28, Aug. 25, Sept. 22,

5:30–6:30 p.m.

Oct. 27 and Dec. 8

## Featured presenters:



**Julie Sarton, PT, DPT, WCS**  
Pelvic Floor Physical Therapy

Proper pelvic floor exercises  
and techniques



**Keith F. Rourke, MD, FRCSC**  
Reconstructive Urology

Medical and surgical options  
for urinary incontinence after  
prostate cancer treatment



**Gary E. Deng, MD, PHD**  
Integrative Oncology

Optimizing health and wellness  
after prostate cancer treatment  
using evidence-based integrative  
health therapies

RSVP and registration required.  
Email [urology@hs.uci.edu](mailto:urology@hs.uci.edu) for zoom meeting information.

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